



21 DAY SUCCESS PLAN

hab-it (hăb it)

A recurrent, often unconscious pattern of behavior that is acquired through frequent repetition; an established disposition of the mind.

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Share with 2 people 1. _____ 2. _____ <input type="checkbox"/> Completed	Share with 2 people 1. _____ 2. _____ <input type="checkbox"/> Completed	Share with 2 people 1. _____ 2. _____ <input type="checkbox"/> Completed	Share with 3 people 1. _____ 2. _____ 3. _____ <input type="checkbox"/> Completed	Share with 3 people 1. _____ 2. _____ 3. _____ <input type="checkbox"/> Completed	Share with 3 people 1. _____ 2. _____ 3. _____ <input type="checkbox"/> Completed	REST <i>Evaluate Results</i> _____ # Spas Booked _____ # Reorders _____ # Interviews _____ # Referrals
DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
Share with 4 people 1. _____ 2. _____ 3. _____ 4. _____ <input type="checkbox"/> Completed	Share with 4 people 1. _____ 2. _____ 3. _____ 4. _____ <input type="checkbox"/> Completed	Share with 4 people 1. _____ 2. _____ 3. _____ 4. _____ <input type="checkbox"/> Completed	Share with 4 people 1. _____ 2. _____ 3. _____ 4. _____ <input type="checkbox"/> Completed	Share with 4 people 1. _____ 2. _____ 3. _____ 4. _____ <input type="checkbox"/> Completed	Share with 4 people 1. _____ 2. _____ 3. _____ 4. _____ <input type="checkbox"/> Completed	REST <i>Evaluate Results</i> _____ # Spas Booked _____ # Reorders _____ # Interviews _____ # Referrals
DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
Share with 5 people 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <input type="checkbox"/> Completed	Share with 5 people 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <input type="checkbox"/> Completed	Share with 5 people 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <input type="checkbox"/> Completed	Share with 5 people 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <input type="checkbox"/> Completed	Share with 5 people 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <input type="checkbox"/> Completed	Talk to 5 people 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <input type="checkbox"/> Completed	REST <i>Evaluate Results</i> _____ # Spas Booked _____ # Reorders _____ # Interviews _____ # Referrals

KEY POINTS TO REMEMBER:

1. If you miss a day— go back to the beginning. You need 21 full days in a row.
2. If you get your required number for the day — don't stop there, keep talking!

REWARDS:

1. New habits take 21 days to form. You have now created a new business habit.

BUILDING YOUR TEAM:

1. Develop this habit immediately. You can lead your team by example!
2. When your team develops this habit in the beginning, they'll have fast results!



BEUTICONTROL.